

Ingredients of Unicity Balance™



Unicity Balance™ Product Information Summary

Unicity Balance (*Bios Life Slim*) is a safe, effective, natural supplement for balancing cholesterol and blood sugar that is clinically proven. It's an easy to use drink mix that you take 10-15 minutes before you eat. See the chart below for the specifics on how each ingredient contributes to losing weight and balancing cholesterol and blood sugar levels.

Key Ingredients	Nutrients	Mechanism of Action
Biosphere Fiber	Oat Fiber, Guar Gum, Gum Arabic, Locust Bean, Citrus Pectin, Maltodextrin ,	This fiber matrix forms a gel in the digestive system that traps cholesterol, bile acids, and fat which slows the rate of glucose absorption. This action supports healthy cholesterol levels and healthy blood glucose levels.
Unicity 7X	Proprietary blend of plant derived polysaccharides	Helps to restore the brain's sensitivity to Leptin (a hormone that regulates appetite and metabolism) and Insulin. This supports natural fat loss and healthy cholesterol and blood sugar levels.
Bios Cardio Matrix	Phytosterols, policosanol, and extract of Chrysanthemum Morifolium)	Restricts LDL Cholesterol from being absorbed into the bloodstream (while in the intestinal tract) in 3 ways: 1) blocks food-based cholesterol, 2) disrupts cholesterol biosynthesis, and 3) enhances enzymatic breakdown and removal of cholesterol.
Bios Vitamin Complex	Calcium Carbonate, Vitamins A, C, E, B1, B2, B3, B6, B12, Biotin, & Folate (zinc and chromium)	This special blend of vitamins is perfectly adjusted to deliver to the body the necessary co-factors of energy production from fat stores. It gives a person more energy, which encourages a more active and healthy lifestyle (without the use of stimulants).

Unicity Balance™ Recommended Use

Unicity Balance (*Bios Life Slim*) is designed to help your body burn fat in a natural, safe manner. It reduces both body fat and inches. We recommend you take this product at least twice a day (10-15 minutes before your largest meals).

Unicity Balance™ 4-4-12 Rule

Unicity Balance (*Bios Life Slim*) works best when you keep the 4-4-12 Rule, because it is designed to help your body burn its stored fat between meals. By rapidly burning body fat during several hours of the day it reduces both your weight and inches.

To follow the 4-4-12 Rule, simply do the following steps:

- 1) Eat a lean high-protein breakfast – then wait 4 hours.
- 2) Drink Slim, eat lunch – then wait 4 hours to eat again.
- 3) Drink Slim, eat dinner – then wait 12 hours to eat before eating breakfast.

Unicity Balance (*Bios Life Slim*) makes it easy to keep the gaps between meals, because it makes them hunger free and energy-filled. It reduces your hunger cravings and helps your body to use its fat for the sustained energy it needs.

Supplement Facts		
Serving Size: 1 Packet (7.25 g)		
Servings Per Container: 60		
Amount Per Serving		% Daily Value**
Calories 15	Calories from Fat 0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrate	5.0 g	2%
Dietary Fiber	3.9 g	16%
Soluble Fiber	3.6 g	
Insoluble Fiber	0.3 g	
Sugars	0 g	
Other Carbohydrates	1.0 g	
Protein	0 g	
Vitamin A (100% as Beta-Carotene)		15%
Vitamin C		75%
Calcium		6%
Vitamin E		67%
Thiamin		134%
Riboflavin		118%
Niacin		130%
Vitamin B-6		350%
Folate		55%
Vitamin B-12		417%
Biotin		7%
Zinc		16%
Chromium		84%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
† Percent Daily Value is not established.