

# UNICITYSATISFY GLUCOSE SUPPORT

*A delicious, high-fiber chocolate drink to satisfy your sweet tooth.*

## FEATURES AND BENEFITS

- Helps sustain healthy blood sugar levels
- Rich chocolate flavor
- Can be taken after a meal or as a snack

## PRODUCT INFORMATION

You can drink **UNICITYSATISFY** at any time to satisfy cravings or hunger. Because it is one of Unicity's proprietary Bios Life formulations, doing so will help manage your glucose and cholesterol by keeping your blood sugar levels consistent, reducing the amount of insulin your body needs, and blocking excess cholesterol from being absorbed. Plus, it's rich chocolate flavor makes it a delicious indulgence.

When you're trying to lose or maintain weight, it can be difficult to resist the inevitable sweet tooth that strikes after meals. Rather than completely break away from healthy habits by indulging in very unhealthy desserts, you can satiate that craving with a high-fiber, low glycemic impact dessert like Unicity Satisfy! With four grams of Unicity's exclusive fiber blend, seven B vitamins to support healthy metabolism, and a rich chocolate flavor, Satisfy is the delicious dessert or snack you crave without the guilt!

## SUGGESTED USE

For best results, enjoy at any time to satisfy your hunger or cravings. Mix each packet with eight to ten ounces of water or milk, and shake vigorously. May be taken at any time with or without food.



## SCIENCE

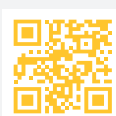
### Maintaining Blood Glucose Levels

In order to turn the food you eat into energy, your body needs to transform all those calories into glucose. As blood glucose levels rise, the pancreas will release insulin, which unlocks cells and allows the glucose to be used as energy. Additionally, insulin will take the glucose your body doesn't need and store it away as fat.

By slowing the rate your body turns food into glucose, high-fiber supplements like Satisfy effectively limit the amount of insulin needed. This means instead of turning all that glucose in your body into more fat, your body will efficiently use that glucose for energy. In addition, when fiber is taken before meals, your body will enter a fat-burning state after eating by generating glucagon, which works to raise low blood sugar levels by breaking down current fat stores.

### Triglyceride Levels and Increased Lipolysis

When blood glucose levels are stabilized, the body can turn existing free fatty acids and triglycerides into energy through the metabolic process lipolysis. A diet high in fiber also works to maintain healthy cholesterol levels, which removes inhibitors placed on lipolysis, further encouraging your body to burn away existing fat stores in between meals.



# UNICITY SATISFY GLUCOSE SUPPORT

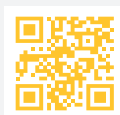
## REFERENCES

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3. Slavin, JL, (2005) Nutrition 21: 411-418.
4. Sprecher, DL and Pearce GL (2002), Metabolism 51: 1166-70.
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Item# 26558 | Serving Size: 1 Sachet | 15 Servings per container  
For more information, scan the code to the right, or go to [Unicity.com](http://Unicity.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# UNICITY